Saskatchewan Alcohol and Drug Abuse Commission

Alcohol and Other Drugs/Services Directory

Saskatchewan

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Third Edition 1991

SADAC

INTRODUCTION

This directory provides an overview of alcohol and other drug-related community resources in Saskatchewan.

Its purpose is to increase community awareness of the variety of services (from prevention to treatment) available to meet their specific needs.

The directory is divided into three sections:

- *Education (Prevention) -- steps to be taken before there is an identifiable problem*
- *Intervention -- steps to be taken when a problem is beginning*
- *Recovery Services -- a serious problem where professional assistance is required*

Services and programs for each section are listed along with contact persons, addresses and phone numbers. These services are grouped by their main focus; however, many organizations provide a continuum of services from prevention to treatment.

The directory is not intended to be totally inclusive. If you are aware of an alcohol and other drug abuse-related service or organization in your community that is not listed, please add it in the space provided on the next page. Please send us the information so that we can include it in the next edition.

SADAC
Prevention and Training
1942 Hamilton Street
Regina, Saskatchewan
S4P 3V7

Please note: Inclusion in this directory does not imply SADAC endorsement of any group, nor does exclusion imply disapproval of any group.

Your Community Alcohol and Drug Abuse Related Services/Organizations

92-05606/

Table of Contents

Introduction

Education (Prevention)

SADAC Programs

Peers Helping Peers 1
Professional Awareness Program 1
Parent Awareness Program – Helping Children Say "No" to Alcohol and Drugs 2
Legal Considerations: Management of Alcohol and Drug Incidents in Schools 2
Writing Policy: Strategies and Techniques 2
Professional Development 3
- Mini-Course – Community Education 3
- Northern Mini-Course 3
- Training Courses 4

Drug Awareness Week – November 17-23, 1991 5
Awards for Chemical Free Graduations 5
SADAC Resource Centre 6
SADAC Video Service 6

Other Programs and Services

Further Studies 7
- Certificate of Continuing Education, Alcohol and Chemical Dependency Studies, University of Regina 7

Employee and Family Assistance Program (EFAP) 7

Other Programs and Services (Continued)

Saskatchewan Education 8
- The Grades 7 to 8 Health Education Curriculum 8
- Chemical Free Celebrations Program 8
- Driver Education Program 8

Saskatchewan Health
- Community Health Services 9
- Everyone Wins 10

SIAST – Chemical Dependency Worker Program 10
Ready or Not! 11
Lion's Quest 11
- Skills for Adolescence 11
- Skills for Growing 11

"Just Say No Club" – Optimist International Program 12
Peer Counselling Association 12
PRIDE (Parent Resources Institute for Drug Education) 13
- PRIDE Canada Inc. 13
- PRIDE Community Adult and Youth Groups 13

Police 14
- RCMP 14
- Municipal Police 14

SADD (Students Against Drinking and Driving) 15
Youth for Youth 15

Table of Contents (Continued)

Intervention

SADAC Regional Services

SADAC Regional Services 16-17

Saskatchewan Native Alcohol Council Corporation (SNACC) 18

Other Programs and Services

Mental Health Services, Saskatchewan Health 19

Saskatchewan Government Insurance

- The Driving Without Impairment Program (DWI) 20

Saskatchewan Social Services 21

Church-Based Programs 22

Family Service Bureaus 22

Mobile Crisis 23

Rainbow Youth Centre 23

Concern for Youth – The Battlefords 24

EGADZ – Saskatoon Downtown Youth Centre 24

Self-Help Groups 25

- Alcoholics Anonymous
- Al-Anon Family Groups
- Alateen and Alateen PATS
- Adult Children of Alcoholics
- Narcotics Anonymous
- Families Anonymous

University Hospital, Youth Services Program 26

Recovery Services

SADAC Programs and Services

Out Patient Services 27-28

Detoxication 28

Residential Programs 29

Residential Services – Halfway Houses 30

Whitespruce Youth Treatment Centre 30

Other Programs and Services

National Native Alcohol and Drug Abuse Program (NNADAP) – Health and Welfare Canada 31-32

The Health System 32

Education (Prevention)

Education and Prevention

Addressing alcohol and other drug issues requires more than simply having information about drugs. SADAC uses the Public Health Model to provide a balanced perspective; by addressing the person, substance and the environment. SADAC and community services can provide the "right help at the right time".

SADAC's prevention efforts include raising awareness on issues related to alcohol and other drugs, promoting skill development to resist peer pressure to use substances, and promoting drug-free events and communities.

SADAC believes communities and individuals can be empowered to address alcohol and other drug problems. By working together, people can be mobilized to address the information and skill development needs in their families and communities.

SADAC Programs

Peers Helping Peers

Core Team Training – This two day workshop provides practical instruction on how to promote, establish, and maintain a Peers Helping Peers program within a school. A Core Team consists of eight to ten students, teachers, counsellors, parents and interested members of the community. The program areas are introduced and planning begins for the selection and organization of a Peer Team.

Peer Team Training – This three day workshop is for the newly formed Peers Helping Peers Team. Representatives of the Core Team and up to 30 students can attend. Students are given a complete overview of the program and begin planning projects that will improve their school and community.

Refresher Workshop – This workshop is held at the beginning of each school year for schools who have SADAC sponsored Peers Helping Peers programs. This workshop gives Peer Teams an opportunity to work with Peer Teams across the province and build on previously learned skills.

Contacts:

Workshop Coordinator: (306) 933-5849

Sandra Lane
SADAC
122 - 3rd Avenue N.
Saskatoon, Saskatchewan
S7K 2H6

Program Coordinator: (306) 787-4079

Shirley Highfill
SADAC
1942 Hamilton Street
Regina, Saskatchewan
S4P 3V7

Toll Free:
1-800-667-7560

Professional Awareness Program

Professional Training

This one day session is provided for professionals in the following fields: legal, education, medical, social work, mental health, clergy, pharmacists and the workplace. The program provides information on alcohol and other drug use and abuse; communication skills for assessment and intervention; and information on accessing referral services.

This program will be resourced by trained professionals and can be presented to interested groups and organizations upon request.

For program information and to arrange for a program in your area:

Contact: Jean Buchanan (306) 779-4773
Coordinator, Professional Programs
University of Regina, Extension
Room 202, College Building
College Avenue and Scarth Street
Regina, Saskatchewan
S4S 0A2

SADAC
Contact: Mark Stropie (306) 787-4642
Education and Extension
Coordinator – Workplace
1942 Hamilton Street
Regina, Saskatchewan
S4P 3V7

SADAC Programs

Parent Awareness Program

Helping Children Say "No" to Alcohol and Other Drugs

This is an 8-hour course designed as an early prevention program for parents and guardians of children 8-14 years. Participants receive basic information on alcohol and other drugs, signs and symptoms, effective family communication, enhancing parenting skills and accessing community services.

A 2-hour introductory version is also available.

Schools, groups and organizations may wish to promote or help sponsor this program. Courses are delivered by trained facilitators and are offered through SIAST. For program information:

Contact: SIAST (306) 787-4838
Business and Community Education
P.O. Box 556
2308 - 11th Avenue
Regina, Saskatchewan
S4P 3A3

SADAC
Contact: Education Consultant (306) 787-4643
SADAC
1942 Hamilton Street
Regina, Saskatchewan
S4P 3V7

Legal Considerations: Management of Alcohol and Drug Incidents in Schools

Writing Policy: Strategies and Techniques

These 4-hour workshops will be of interest to school administrators, board members, counsellors and teachers.

"***Legal Considerations***" acquaints participants with legal implications of the management of alcohol and drug incidents in the school and at school-related events. The workshop will assist administrators and boards develop helpful policies and procedures.

"***Writing Policy***" is available for individuals who have taken the Legal Considerations workshop. It brings together local policy developers to assist them in developing their own drug and alcohol policy.

These programs have been developed by the Public Legal Education Association of Saskatchewan (PLEA) through funding from SADAC and presented with the assistance of the Saskatchewan School Trustees Association (SSTA).

For program information and to arrange for a workshop in your area:

Contact: PLEA (306) 653-1868
Rm. 210, 220 - 3rd Avenue South
Saskatoon, Saskatchewan
S7K 1M1

SADAC Programs

Professional Development

Mini-Course - Community Education

The Mini-Course is a 5-day course for professionals and other interested people. It provides basic facts, examines beliefs and attitudes, and tries to find solutions based on new insights and understanding about alcoholism and other drug related problems.

Location: Sandra Lane (306) 933-5849
SADAC Education Centre
2003 Arlington Avenue
Saskatoon, Saskatchewan
S7K 2H6

Northern Mini-Course

This 3-day course is specifically for people from northern communities. Designed to address issues about alcohol and other drugs relevant to people in northern Saskatchewan, it provides basic facts about alcohol, alcoholism and other drug-related problems. The course examines beliefs and attitudes, and tries to find solutions based on new insights and understanding.

The Northern Mini-Course is offered several times a year in communities throughout northern Saskatchewan (at no charge).

Note: Courses will be arranged on a request basis. Courses can be tailored to meet specific needs of interested groups. Please allow 2 to 3 months planning time. For further information:

Contact: John Kreiser (306) 425-4362
Director, Regional Services North
SADAC
P.O. Box 5000
La Ronge, Saskatchewan
S0J 1L0

SADAC Programs

Professional Development (Continued)

Training Courses

Every year, SADAC offers a range of professional development courses. SADAC traditionally hosts a Summer School at Calder Centre in Saskatoon for three weeks in July, covering a wide range of addictions-related issues. SADAC's Fifth Annual Summer School (1991) included courses on understanding alcohol/drug problems, counselling and communication skills, group therapy skills, and a focus on alcohol/other drug problems in youth.

SADAC distributes an informational brochure on Summer School every May, detailing speakers, topics and summer school course dates. For further information on Summer School contact SADAC's Prevention and Training Division (Regina).

SADAC also offers several distance education programs via the Saskatchewan Communications Network (SCN).

* These courses are broadcast throughout the province at the following SCN Satellite Sites.

- Buffalo Narrows
- Creighton
- Estevan
- Indian Head
- La Loche
- La Ronge
- Lloydminster
- Maple Creek
- Meadow Lake
- Melfort
- Moose Jaw
- Moosomin
- North Battleford
- Prince Albert
- Regina
- Sandy Bay
- Saskatoon
- Swift Current
- Watrous
- Weyburn
- Yorkton

For course description and registration details:

Contact: Training and Development Coordinator
SADAC (306) 787-4094
1942 Hamilton Street
Regina, Saskatchewan
S4P 3V7

SADAC Programs

Drug Awareness Week – November 17-23, 1991

Drug Awareness Week is an annual provincial and national event designed to stimulate and increase public awareness of alcohol and other drug issues. Held in November of each year, with a main focus on community participation, Drug Awareness Week activities include: provincial displays and presentations, workshops, film/video and theatre resources and library displays.

Communities have held breakfasts, lunchbox information series, chemical-free dances, alternative lifestyles activities (family swims, etc.) and many other innovative and exciting drug awareness activities.

Community Committees work with the SADAC Regional Offices in developing and organizing Drug Awareness Week activities. To find out more about the program and to volunteer community assistance, contact the SADAC Regional Office nearest you (listed on pages 16 and 17).

Awards for Chemical Free Graduations

For the past three years, the Saskatchewan Alcohol and Drug Abuse Commission has awarded plaques to graduating classes holding chemical-free graduations. Each year, the number of classes choosing chemical free celebrations has increased, from 14 in 1988 to 53 in 1991.

If the 1991 grade 12 class in your school decides to hold a chemical-free celebration, notify SADAC to receive your award. SADAC can also put you in contact with schools who have held dry graduations.

Contact: SADAC
1942 Hamilton Street
Regina, Saskatchewan
S4P 3V7
(306) 787-4079

SADAC Programs

SADAC Resource Centre

The SADAC Resource Centre houses the province's main collection of books, reports and periodicals on chemical dependency. Books and reports can be borrowed at no charge and a photocopier is available to reprint periodical articles. The Centre also has a large supply of pamphlets, posters and Fast Fact Sheets. These can be supplied in limited quantities at no charge.

The staff periodically prepares bibliographies on specific topics and can conduct computer searches for detailed information. Also available at the Resource Centre are directories, telephone numbers and addresses of SADAC's offices, funded agencies and treatment centres as well as brochures of SADAC's training courses.

The Resource Centre is open to the public most weekdays, Monday to Friday, 8:00 a.m. to 12 noon and 1:00 p.m. to 5:00 p.m.

Contact: SADAC Resource Centre
1942 Hamilton Street
Regina, Saskatchewan
S4P 3V7
(306) 787-4085

SADAC Video Service

In recent years SADAC has responded to the increasing popularity of film (16 mm) and video (VHS) resources. The Resource Centre has 125 video titles on a wide variety of topics such as relapse prevention, children of alcoholics, fetal alcohol syndrome and teenage peer pressure. Videos can be borrowed free of charge for a two-week loan period.

VIDEO

SADAC holds educational video duplication rights to 60 video titles. To obtain your own copy send a blank video tape and $1.00 service fee to:

Media House Productions Inc.
Tape Duplication Service
1174 Winnipeg Street
Regina, Saskatchewan
S4J 1J6
(306) 359-0977

FILM (16 mm)

SADAC has a film collection of over 80 titles which may be borrowed from:

Dial-A-Film
1174 Winnipeg Street
Regina, Saskatchewan
S4R 1J6
1-800-667-7547
(Toll Free)
or
(306) 359-0977
in Regina

To obtain a catalogue of these films and/or videos, contact the SADAC Resource Centre.

Other Programs and Services

Further Studies

Certificate of Continuing Education, Alcohol and Chemical Dependency Studies, University of Regina

This program is designed primarily for those who are working in the field of addictions or chemical dependencies, including social workers, psychologists,educators, medical personnel, police/court personnel, pastoral counsellors, corrections workers, rehabilitation officers, E.A.P. referral agents, detoxication centre staff and community caregivers.

The program will help to develop theoretical and practical understanding of alcoholism and other chemical dependencies, and to develop skills in counselling, treatment and program development.

Required: 8 degree-credit classes (4 credit hours each). Transfer credit may be granted for up to 3 classes. This program is offered with the co-operation of, and funding from the Saskatchewan Alcohol and Drug Abuse Commission (SADAC).

For program information:

Contact: Certificate in Alcohol and Chemical Dependency Studies
University of Regina, Extension
Room 202, College Building
College Avenue and Scarth Street
Regina, Saskatchewan
S4S 0A2
(306) 779-4899

Employee and Family Assistance Program(EFAP)

This 80-hour course trains persons who have been designated to assist employees to become effective referral agents. The referral agent identifies the cause of the problem, assesses it, works with the program manager, refers the employee if necessary to the appropriate resource and provides follow-up assistance.

Organizations that currently have an Employee and Family Assistance Program (E.F.A.P.) or are considering implementing an E.F.A.P. will find this program of value. It will be of interest to E.F.A.P. development committee members, union shop stewards and executives, supervisors and upper management, nurses, pharmacists, doctors, addictions workers and educators.

Contact: Marlene Lindberg
Coordinator
Staff Training and Development
Plains Health Centre
4500 Wascana Parkway
Regina, Saskatchewan
S4S 5W9
(306) 584-6226

Other Programs and Services

Saskatchewan Education

The Grades 7 to 9 Health Education Curriculum

The Grades 7 to 9 health education curriculum has many units which pertain to preventing alcohol and other drug problems. Teachers choose from 50 units based on their students' needs and interests. Examples of modules which relate to alcohol and other drug problems are:

Unit 4.3 Belonging to a Peer Group: Leading or Following
Unit 5.1 Abstaining or Using Alcohol Responsibly
Unit 5.2 Promoting a Generation of Non-Smokers
Unit 5.3 Saying No to Drugs and Substances, Misuse and Abuse
Unit 6.4 Controlling Use of Alcohol and Drugs for Safety's Sake
Unit 9.1 Saying "No" Assertively
Unit 9.5 Breaking the Cycle of Family Violence
Unit 9.6 Obtaining Help with Alcohol/Drug Related Problems

Contact: Barry Eidsness , Director (306) 787-6010
Health Education and
Indian and Metis Education
Saskatchewan Education
2220 College Avenue
Regina, Saskatchewan
S4P 3V7

Chemical Free Celebrations Program

Saskatchewan Education helps coordinate a Chemical Free Celebrations Conference in early winter to assist schools in planning for events such as Chemical Free Graduations. Last year, topics included legal issues, civil liability, and planning chemical free events. Schools who had held successful dry celebrations talked about their event and answered questions from conference participants. For more information contact Gordon McGregor, Saskatchewan Education, at 787-6050.

The Driver Education Program

Saskatchewan's Education Act requires all school boards to offer this program to eligible students. This ensures that every student will have the opportunity to gain the knowledge and skills necessary to operate a motor vehicle safely. Students are taught the theoretical and practical aspects of human, mechanical and road factors regarding vehicle control and stopping forces.

Special emphasis is placed on topics leading to an understanding of the effects of alcohol and other drugs on driving.

Contact: Gordon McGregor (306) 787-6050
Saskatchewan Education
2220 College Avenue
Regina, Saskatchewan
S4P 3V7

Other Programs and Services

Saskatchewan Health

Community Health Services

Operating across the province in 10 health regions, Community Health – Prevention Services Branch aims to maintain and improve health by providing families with education, counselling and intervention services from a variety of health professionals. These include public health nurses, public health inspectors, nutritionists, early childhood psychologists, speech and language pathologists, dental health educators and medical health officers.

Health professionals in the Branch interact with families, adults, adolescents and children at schools, child health centers, regional offices, and in the home. If necessary, clients can be referred to other counselling, assessment and intervention services.

Health professionals in Community Health – Prevention Services Branch provide health education and health promotion on a wide variety of topics including prevention of health risks, AIDS and other communicable diseases, nutrition, dental health and safety.

For further information about services available in your area, contact the regional offices directly (sub-offices noted):

Swift Current Regional Office (306) 778-8322
(Leader, Maple Creek, Shaunavon)
350 Cheadle Street West No. 27
Swift Current, S9H 4G3

Moose Jaw Regional Office (306) 694-3670
(Assiniboia, Central Butte, Gravelbourg, Morse)
110 Ominica Street West
Moose Jaw, S6H 6V2

Weyburn Regional Office (306) 848-2318
(Carlyle, Estevan, Oxbow, Radville, Redvers)
110 Souris Avenue
Weyburn, S4H 2Z9

Regina Rural Regional Office (306) 787-3169
(Fort Qu'Appelle, Grenfell, Indian Head, Kipling, Moosomin, Strasbourg)
South Albert Plaza, 4211 Albert Street
Regina, S4P 3V7

Rosetown Regional Office (306) 882-2633
(Outlook, Kindersley, Kerrobert, Biggar)
122 - 2nd Avenue West, Box 1300
Rosetown, S0L 2V0

Saskatoon Rural Regional Office (306) 933-5668
(Davidson, Lanigan, Watrous)
122 - 3rd Avenue North, Sturdy Stone Centre
Saskatoon, S7K 2H6

Yorkton Regional Office (306) 786-1600
(Canora, Esterhazy, Foam Lake, Kamsack, Melville, Norquay, Preeceville, Theodore)
72 Smith Street East
Yorkton, S3N 2Y4

Melfort Regional Office (306) 752-6200
(Humboldt, Hudson Bay, Nipawin, Tisdale, Wadena)
Box 6500
Melfort, S0E 1A0

Prince Albert Regional Office (306) 953-2245
(Big River, Rosthern, Shellbrook, Wakaw, Spiritwood)
800 Central Avenue, Box 3003
Prince Albert, S6V 6G1

North Battleford Regional Office (306) 446-7525
(Lloydminster, Meadow Lake, Unity)
Room 204, 1146 - 102nd Street
North Battleford, S9A 1E9

Other Programs and Services

Saskatchewan Health

Everyone Wins

Everyone Wins is a health promotion program developed by Saskatchewan Health to help you choose and follow healthy living practices. The *Everyone Wins* Program focuses on healthy choices that you can make in the areas of nutrition, physical fitness, stress, accident prevention, alcohol and drug abuse, smoking and communicable diseases.

Healthy Living Goals is now available to help you identify and act on health promotion issues in your community. The Community Resource Manual lists a number of agencies who provide programs and resource materials.

Non-profit organizations, service clubs, and municipal governments may apply for *Everyone Wins* grants up to $1,000 per group. Health promotional activities must be new and address one or more of the seven *Everyone Wins* health issues. To obtain application forms and guidelines contact your local health office or the Health Promotion Branch of Saskatchewan Health.

Contact: Your Local Public Health Office

or

Health Promotion Branch
Saskatchewan Health
3475 Albert Street
Regina, Saskatchewan
S4S 6X6

1-800-667-7766
(Toll Free)
or 787-3084
in Regina

SIAST

Chemical Dependency Worker Program

This 2-year program is designed for new students and more experienced addiction workers who may wish to specialize in the addictions field. This is a competency-based program which provides students with a chance to master the knowledge and skills they will need to work in a wide range of occupations in the addictions field.

The program is composed of competency-based modules which allow students to work at their own pace, to concentrate on areas where they need skill-building, to combine studies with work, or on-the-job training.

For program information:

Contact: Paul Curtis/Barb Robinson
SIAST
Woodland Campus
1100 - 15th Street E.
Box 3003
Prince Albert, Saskatchewan
S6V 6G1
Toll Free: 1- 800-667-9664

(306) 953-2494

Other Programs and Services

Ready or Not!
Health and Welfare Canada Parenting Program

Ready or Not! is a parent/child communication program for parents of children between the ages of eight and twelve. Ready or Not! has a special focus on helping parents develop and refine parenting and communication skills with the goal of preventing drug use and abuse by children. The program has been designed for parents who have difficulty accessing this kind of information from other sources. Ready or Not! is a participant-directed program. It relies on parent involvement, information sharing and group support, rather than lectures, to convey its message.

It is delivered to groups of parents by a trained facilitator. There is no cost for the three day facilitator training program. Ready or Not! has been developed by Health and Welfare Canada. It is being implemented in Saskatchewan by a provincial advisory committee.

For information about the facilitator training program or Ready or Not!

Contact: Corinne Bokitch
Family Service Bureau
2020 Halifax Street
Regina, Saskatchewan
S4P 1T7
(306) 757-6675

Lions Quest

Lions Clubs International, in cooperation with Quest International, supports and promotes two programs aimed at reducing alcohol and other drug problems among youth.

Skills For Adolescence

Skills for Adolescence is a comprehensive program for grades 6-9 which focuses on building positive life skills, communication skills, decision-making skills, goal setting skills and responding to peer pressure. An integral part of the program is parent involvement.

Skills for Growing

Skills for Growing is a comprehensive program for grades K-5 that brings together parents, educators and community leaders. It teaches basic life skills and fosters positive behaviours within a caring and supportive environment.

Contact: Ron Walker
Provincial Coordinator
Quest International
1729 Prince of Wales Avenue
Saskatoon, Saskatchewan
S7K 3E6
(306) 975-2863

Other Programs and Services

"Just Say No" Club
Optimist International Program

The Optimists are community service organizations with the slogan "Friend of Youth". Recently many clubs have chosen to promote the "Just Say No" club concept.

A "Just Say No" club is a loosely organized "in-school" group of kids brought together by concerned adults and educators to curb drug and alcohol abuse. It is intended for students in grades 4-6, for the purpose of urging kids to emphatically say "NO" to chemical use.

The Optimists will provide membership cards and other support materials to serve as incentives for the program, and will assist in providing follow-up activities to help hold the group together and to give them some meaningful activities for fun and fellowship.

The amount and type of support provided by the Optimists varies with each community.

For more information on the "Just Say No" program, contact your local Optimist Club.

Peer Counselling Association

The purpose of the Peer Counselling Association in Saskatchewan is to assist people who want to get a peer counselling program started in their school and to provide further training for those who have a program. The Peer Counselling Association meets monthly and hosts an annual spring conference. The conference is divided into two areas:

- Information on peer counselling, and
- Further training for students and teachers involved in a program.

Contact:

Harvey Burns, President (306) 332-4530
Peer Counselling Association
Box 880
Fort Qu'Appelle, Saskatchewan
S0G 1S0

Kal Newell, Vice President (306) 791-8400
Balfour High School
1069 East 14th Avenue
Regina, Saskatchewan
S4T 0B8

Other Programs and Services

PRIDE (Parent Resources Institute for Drug Education)

PRIDE Canada Inc.

As a private non-profit organization, PRIDE's goal is to create a drug-free nation for the next generation. The challenge is to implement a national program to disseminate accurate health information about drugs and unite parents, youth and community leaders throughout Canada to work together to create a drug-free environment for young people.

PRIDE sponsors an annual Parent and Youth Conference which brings parents, young people, and interested individuals into contact with top national and international scientists, physicians, and policy makers who deal with adolescent drug abuse. PRIDE offers a toll-free line; quarterly newsletter; a national resource centre and speakers' bureau; and sponsors one day conferences for community organizers, training them in workshop organization for parent and youth education.

Contact:
PRIDE Canada Inc.
College of Pharmacy
University of Saskatchewan
Saskatoon, Saskatchewan
S7N 0W0

1-800-667-3747
(Toll Free) or
(306) 975-3755

PRIDE Community Adult and Youth Groups

Local branches of PRIDE have been formed to raise the level of community awareness of drug and alcohol-related problems in youth. They provide information and support for parents and children who encounter drug and alcohol-related problems in their area. They plan and implement strategies to provide alternatives to drug and alcohol use and to encourage the use of such alternatives.

Contact:

PRIDE Saskatoon Inc.
P.O. Box 1501
Saskatoon, Saskatchewan
S7K 3R3

(306) 955-6262
(24 hr. crisis line)

PRIDE Regina Inc.
P.O. Box 6686
Regina, Saskatchewan
S4S 7E6

(306) 525-2100
(24 hr. crisis line)

For further information on local PRIDE community adult and youth groups contact PRIDE Canada Inc.

Other Programs and Services

POLICE

RCMP

All RCMP detachments have an alcohol and drug liaison officer who will do presentations in the community and in schools.

Police officers invited to classrooms may use lessons from the PACE Program (Police Assisting Community Education). This program includes lessons designed to be presented to students in grades 5 through 9 on the following topics: Legal Information, You and the Group, Myths and Reality, and Alternatives.

The Canadian Association of Chiefs of Police have provided three additional resources for police officers. They are:

- the "Kids and Cops Drug Education Presentation Plans for Grade Six", a booklet containing plans for presentations on five topics: Drugs, Risks and Consequences, Influences on Decisions, Drug Use and Alternatives, Saying No to Drugs, and Rules and Laws
- The C.O.D.E. (Canadian Offensive for Drug Education) video tapes – Mr. Finlay's Pharmacy (Grades 2-4), Choose (Grades 5-6), and Open Flame (Grades 7-9)
- Cartoon All-Stars to the Rescue, a 30-minute anti-substance abuse video for 5-11 year olds. This program, starring a cast of familiar cartoon favorites, was originally broadcast during Saturday morning cartoons on television.

Contact: Your Local RCMP Detachment

or Sgt. T. E. (Terry) Elliott (306) 780-7499
"F" Division Drug Awareness Co-ordinator
6101 Dewdney Avenue, Regina
S4P 3K7

Municipal Police

The six urban municipal police forces in Saskatchewan are:

Regina	Regina Police Service 1717 Osler Street P. O. Box 196 Regina, SK S4P 2Z8	569-3333
Saskatoon	Saskatoon City Police 130 - 4th Avenue North P. O. Box 1728 Saskatoon, SK S7K 3R6	975-8300
Moose Jaw	Moose Jaw Police Service 21 Fairford Street West P. O. Box 1175 Moose Jaw, SK S6H 4P9	693-7722
Prince Albert	Prince Albert City Police 45 - 15th Street West Prince Albert, SK S6V 3P4	922-4441
Estevan	Estevan City Police 301 - 11th Avenue Estevan, SK S4A 1C7	634-4767
Weyburn	Weyburn Police Service 400 Coteau Avenue N.E. P. O. Box 776 Weyburn, SK S4H 2K8	842-5459

Other Programs and Services

SADD (Students Against Drinking and Driving)

SADD is a program of the Saskatchewan Safety Council based on the premise that young people themselves are best equipped to solve their own problems. The focus of SADD is on preventing drinking and driving crashes because they are the leading cause of death and injury among Canadian youth. However, the SADD program and philosophy can be applied to a wide variety of problems experienced by youth including drug and alcohol abuse, relationships with parents, and peer pressure.

SADD is based firmly on the concept of student leadership and control of activities. There are over 100 SADD chapters in Saskatchewan and the number increases annually. The provincial SADD organization sponsors an annual provincial youth conference, a newsletter, speakers tours and regional conferences, scholarships and awards, as well as a wide variety of special promotions.

SADD has both individual and school membership programs. A membership information package can be obtained by contacting:

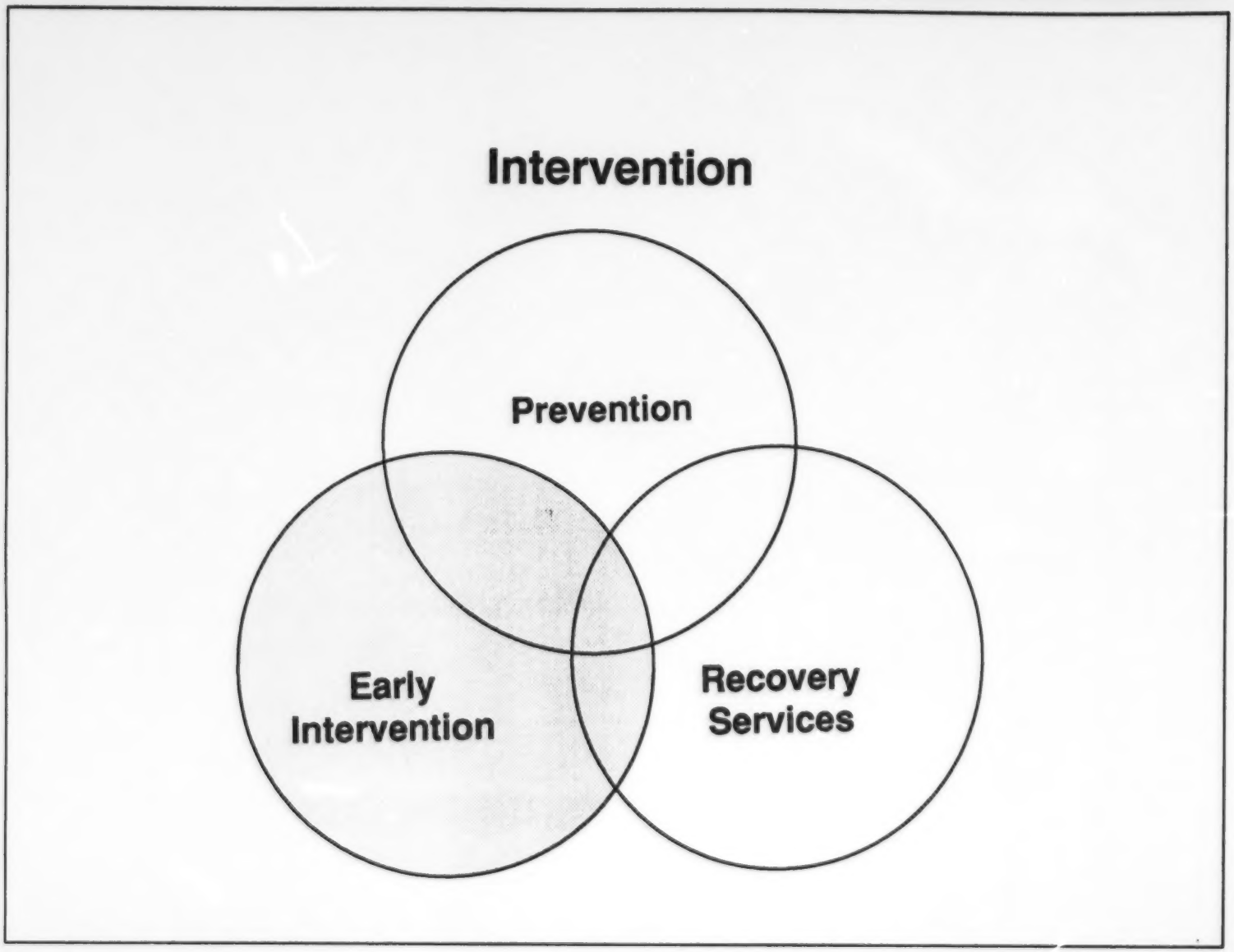
Contact: Mike Fedyk (306) 757-3197
Program Coordinator FAX (306) 569-1907
Students Against Drinking and Driving
Saskatchewan Safety Council
140 - 4th Avenue E.
Regina, Saskatchewan
S4N 4Z4

Youth for Youth

Youth for Youth is an elementary school peer support program in the Saskatoon Catholic School System. It develops "helping skills" as well as "life skills" in grade 6-8. A core group of twenty-five students in each school is selected by peers and teachers. These students receive leadership training over a period of two days. Following their training, they have frequent meetings to plan and organize activities which promote positive drug-free living in their school. The students involved in Youth for Youth commit themselves to a drug free lifestyle while participating in the program's activities. They serve as good role models for their peers.

An extension of Youth for Youth is the TANSI program (Teen Age Native Student's Initiatives). Its focus is parallel to Youth for Youth but is designed for native students and includes a cultural component.

Contact: Carmen Bussiere (306) 934-4342
or Bob Lehman
St. Paul's RCSSD No. 20
420 - 22nd Street E.
Saskatoon, Saskatchewan
S7K 1X3


Intervention
Prevention
Early Intervention
Recovery Services

INTERVENTION

IF YOU THINK YOU OR SOMEONE YOU LOVE HAS A PROBLEM WITH ALCOHOL OR OTHER DRUGS, THERE ARE PEOPLE IN YOUR COMMUNITY WHO CAN HELP YOU.

An assessment can be done by your Community Out-Patient Centre and/or local SADAC regional office. Depending on the results of the assessment, these people will recommend your next step.

Regional Offices and phone numbers throughout the province are all listed in this section of the directory.

If you have a crisis situation, call the detox centre nearest you, phone Narcotics Anonymous (NA), Alcoholics Anonymous (AA) or Al-Anon in your area at any time, day or night. Assistance will be provided for you as soon as possible.

Being prepared can save you precious time in the event of an emergency.

SADAC Regional Services

SADAC Regional Services

SADAC Regional Services are organized into three divisions: north, central and south. Intervention and recovery services are offered to people and their families who are having problems with alcohol and/or drugs.

Regional Services develops and promotes community awareness and education programs for schools, public information groups and other community organizations.

Fifteen Regional Coordinators in the three divisions support and assist area residents with the development of community-based programs and services. Many regional offices also have a Youth and Family Services Coordinator who is responsible for counselling and follow-up services to adolescents and their families.

Education and intervention services are provided by regional offices.

North

John Kreiser, Director (306) 425-4362
Box 5000 FAX 425-3093
La Ronge, S0J 1L0

Regional Offices

Buffalo Narrows (306) 235-4482
Box 70, S0M 0J0
Jack Bear, Regional Coordinator

Creighton (306) 688-7095
1st Street E, Box 10, S0P 0A0
Kim McCloy, Regional Coordinator

La Loche (306) 822-2211
Box 70, S0M 1G0
Vacant, Regional Coordinator

La Ronge (306) 425-4359
La Ronge Avenue FAX 425-3093
P. O. Box 5000, S0J 1L0
Harry Ohm, Regional Coordinator

Meadow Lake (306) 236-7526
201 - 2nd St. W.
Box 1000, S0M 1V0
Jim Daigneault, Regional Coordinator

SADAC Regional Services

SADAC Regional Services (Continued)

Central

Director (306) 933-5860
122 - 3rd Avenue N. FAX 933-7450
Saskatoon, S7K 2H6

Regional Offices

Melfort (306) 752-6255
107 Crawford E.
Box 6500, S0E 1A0
Floyd Halcro, Regional Coordinator

North Battleford (306) 446-7414
321 Provincial Building
1146 - 102nd Street, S9A 1E9
Glenn Allan, Regional Coordinator
Gerry Madill, Youth & Family Serv. Coordinator

Prince Albert (306) 953-2830
Box 3003, 800 Central Avenue, S6V 6G1
Dick Lewis, Regional Coordinator
Murray Wotherspoon, Youth & Family Services Coordinator

Rosetown (306) 882-2027
Provincial Building
122 - 2nd Avenue W.
Box 1746, S0L 2V0
Derek Smith, Regional Coordinator

Saskatoon (306) 933-5851
122 - 3rd Avenue N., S7K 2H6 FAX 933-7450
Michael Woods, Regional Coordinator
Rick Kuckartz, Youth & Family Serv. Coord.
Jan Frayling, Youth & Family Serv. Coord.

South

Lyell Armitage, Director (306) 787-4620
2140 Hamilton Street FAX 787-5009
Regina, S4P 3V7

Regional Offices

Moose Jaw (306) 694-3713
28 - 110 Ominica Street West, S6H 6V2
Sharon Erickson, Regional Coordinator

Regina (306) 787-4624
2140 Hamilton Street FAX 787-5009
Regina, S4P 3V7
Roger Ives, Regional Coordinator
Don Fitzsimmons, Youth & Family Serv. Coord.
Bill Sutherland, Youth & Family Serv. Coord.

Swift Current (306) 778-8282
350 Cheadle Street West FAX 778-8535
Swift Current, S9H 4G3
Kevin Hanna, Youth & Family Serv. Coord.

Weyburn (306) 848-2304
110 Souris Avenue N.E.
Box 2003, S4H 2Z9
Burnell Lutz, Regional Coordinator

Yorkton (306) 786-1420
120 Smith Street East
Broadcast Place, S3N 3V3
Will Woods, Regional Coordinator

SADAC Programs and Services

Saskatchewan Native Alcohol Council Corporation (SNACC)

The Saskatchewan Native Alcohol Council Corporation (SNACC) operates a community service program throughout the province. Six field educators concentrate their efforts in the areas of communication, education, prevention, follow-up, intervention and referral.

In addition, five youth workers offer similar services with a focus on young persons and families.

Main Office (306) 522-3681

Executive Director
Joyce Racette
329 College Avenue E.
Regina, S4N 0V9

Field Education (306) 522-3681

Program Director
Lawrence Klyne
329 College Avenue E.
Regina, S4N 0V9

Field Educators

Don Favel (306) 833-2430
Box 201
Ile a La Cross, S0M 1C0

Eldon Lafontaine (306) 332-4598
Box 123
Fort Qu'Appelle, S0G 2Y0

Margaret Ruda (306) 445-8999
10916 Scott Drive
North Battleford, S9A 2L9

Cyril Roy (306) 888-2155
Box 167
Cumberland House, S0E 0S0

Youth Outpatient and Education Services

Raymond Laliberte (306) 763-9280
Provincial Youth Coordinator
Room 101, 1322 Central Avenue
Prince Albert, S6V 4W3

Lawrence Janvier (306) 822-2020
Youth Worker
General Delivery
La Loche, S0M 1G0

Vacant (306) 522-3681
Youth Worker
329 College Avenue East
Regina, S4N 0V9

Clara Cook (306) 888-2155
Youth Counsellor
P.O. Box 218
Cumberland House, S0E 0S0

Darren Tait (306) 763-9280
Youth Worker
Rm. 101, 1322 Central Avenue
Prince Albert, S6V 4W3

Other Programs and Services

Mental Health Services, Saskatchewan Health

One of the objectives of the Mental Health Services Branch is to provide services to children and youth to enhance the mental health of both the child and the family.

Organized into eight mental health regions, each region has child and youth services provided by multidisciplinary teams coordinated by a Child and Youth Director/Coordinator. These teams, including psychiatrists, psychologists and social workers, use a wide range of individual, family and group work methods to assess and treat children and teenagers experiencing mental, behavioural, developmental and emotional problems. Specialized clinics in Regina and Saskatoon serve as major referral centres. The Branch also provides mental health assessment and consultation services to young offenders under the Young Offenders Act.

Mental Health Services Branch
(Central Office) 3475 Albert Street
Regina, S4S 6X6

Contacts:

Dr. Joseph Kluger (306) 787-3299
Director of Child and Youth Services

Regina Child and Youth Services (306) 787-3400
1601 College Avenue
Regina, S4P 1B8

Contacts:

Laura Carment
Regional Director of Child and Youth Services

Lorri Carlson
Program Coordinator, Young Offender Services

Saskatoon MacNeill Clinic (306) 933-5800
912 Idylwyld Drive
Saskatoon, S7L 0Z6

Contacts:

Dr. Tim Greenough, Regional Director of Child and Youth Services

Gary Bridge, Regional Program Consultant, Young Offender Services

Weyburn Child and Youth Services (306) 848-2305
110 Souris Avenue North East
Weyburn, S4H 0C3

Contact:

Sandy Bowser, Regional Coordinator of Child and Youth Services

Swift Current Mental Health Clinic (306) 778-8366
350 Cheadle Street West
Swift Current, S9H 4G3

Contact:

Ian McAusland-Berg, Regional Coordinator of Child and Youth Services

Battlefords Mental Health Centre (306) 446-7600
Box 39, North Battleford, S9A 2X8

Contacts:

Brian Jonsson, Regional Coordinator of Child and Youth Services

Vacant
Young Offender Services

Moose Jaw Mental Health Centre (306) 694-3750
Union Hospital, Moose Jaw, S6H 1H3

Contact:

Anne Kuc, Regional Coordinator of Child and Youth Services

Yorkton Mental Health Centre (306) 786-1558
Union Hospital, Yorkton, S3N 2X6

Contact:

Dr. Deborah Parker-Loewen, Regional Coordinator of Child and Youth Services

Prince Albert Mental Health Centre (306) 953-3855
Victoria Union Hospital
Prince Albert, S6V 6G1

Contact:

Dr. Barry Young, Regional Coordinator of Child and Youth Services

Other Programs and Services

Mental Health Services, Saskatchewan Health (Continued)

Northern Health Services Branch

Brenda Green (306) 425-4569
Director Mental Health Services
Box 5000, La Ronge, S0J 1L0

La Ronge Public Health Clinic 1-800-772-4069
(covering La Ronge, north Toll Free
and south-central areas)
Box 5000, La Ronge, S0J 1L0

Contact:

Karyn Manz (306) 425-4559
Community Mental Health Nurse

Gerald Dunning (306) 425-4573
Mental Health Social Worker

Buffalo Narrows Health Centre
(covering west side communities)
Box 40, Buffalo Narrows, S0M 0J0

Contact:

Cecelia Merasty (306) 833-2025
Community Mental Health Nurse
Gen. Del., Ile a la Crosse, S0M 1C0

Creighton Public Health Clinic
(covering east side communities)
Box 219, Creighton, S0P 0A0

Contact:

Gordon Hill (306) 688-3461
Community Mental Health Nurse

Vacant (306) 688-3461
Mental Health Social Worker

Saskatchewan Government Insurance

The Driving Without Impairment Program

The Driving Without Impairment (D.W.I.) Program is a cooperative effort between S.G.I. and local community organizations. It is an educational program specially designed to address the serious problems related to drinking and driving.

The 16-hour course includes films, resource speakers and group discussion. The course is conducted in many communities throughout the province by qualified instructors who are members of local community groups.

One of the requirements for early reinstatement of your driver's license is attendance and successful completion of a local D.W.I. Program.

For further information:

Contact: Janice Parke (306) 566-6178
Motor Vehicle Division
SGI
2260 - 11th Avenue
Regina, Saskatchewan
S4P 2N7

Other Programs and Services

Saskatchewan Social Services

Child abuse...battering...neglect

In its broadest sense, child abuse, battering and neglect mean physical or emotional injury, including sexual assault, negligent treatment or maltreatment of a child by the person(s) caring for or responsible for the child's health and welfare.

Saskatchewan has a mandatory reporting requirement within the child welfare legislation with protection for the informant, provided the information is given without malicious intent.

What can schools do?

Many incidents of abuse and neglect occur among school-aged children. Therefore, school officials are in a unique position to detect potential and actual child abuse or neglect. Educators can promote an awareness of the problem among school personnel by offering workshops as part of professional development.

Social Services Offices

Northwest Region

North Battleford *	(306) 446-7705
Meadow Lake	(306) 236-7500
Lloydminster	(306) 825-3079
Buffalo Narrows	(306) 235-4312
La Loche	(306) 822-2238

Southwest Region

Moose Jaw *	(306) 694-3647
Kindersley	(306) 463-2033
Rosetown	(306) 882-4442
Swift Current	(306) 778-8219

Saskatoon Region

Saskatoon *	(306) 933-5960

Northeast Region

Prince Albert *	(306) 953-2345
La Ronge	(306) 425-4544
Creighton	(306) 688-3487
Melfort	(306) 752-6100
Nipawin	(306) 862-1700

Southeast Region

Yorkton *	(306) 786-1300
Estevan	(306) 634-0730
Weyburn	(306) 848-2404
Fort Qu'Appelle	(306) 332-6281
Wynyard	(306) 554-2577

Regina Region

Regina *	(306) 787-3700

* Main Regional Offices.

Other Programs and Services

Church-Based Programs

Churches play an important role in the development and provision of social services within communities. Many religious or church-based organizations offer individual, group and family counselling services to members as well as sponsoring community education and awareness programs. For further information on sectarian services contact your church or the ministerial association in your area.

Family Service Bureaus

Family Service Bureaus offer a wide range of counselling services to families and individuals to help clients make better use of the resources available to them. This year Catholic Family Services will be offering a program for children aged 6-12 who live in homes where alcohol is present. This 7-session program is designed to help children cope with alcoholic parents.

Family Service Bureau of Regina

Contact:

Steve Wernikowski (306) 757-6675
2020 Halifax Street
Regina, S4P 1T7

Saskatoon Family Service Bureau

Contact:

Delores Ebert (306) 244-0127
443 - 2nd Avenue N.
Saskatoon, S7K 2C1

Catholic Family Service Society of Regina

Contact:

Sharon Purdy (306) 525-0521
395 - 15th Avenue
Regina, S4N 0V1

Catholic Family Services of Saskatoon

Contact:

Ruth Pepin (306) 244-7773
500 - 333 - 3rd Avenue N.
Saskatoon, S7K 2H9

Catholic Family Services of Prince Albert

Contact:

Sister Kaufmann (306) 922-3202
77 - 11th Street West
Prince Albert, S6V 3A8

Other

Moose Jaw Family Life Education Centre (306) 694-8133
200 Main Street South
Moose Jaw, S6H 5S7

Swift Current Christian Counselling Centre

Contact:

Eugene Mau (306) 773-0614
325 - 12 Cheadle Street W.
Swift Current, S9H 0A9

Society for the Involvement of Good Neighbours (SIGN)

Contact:

Clay Serby (306) 783-9409
29 Livingstone Street
Yorkton, S3N 0R2

Other Programs and Services

Mobile Crisis

Mobile Crisis Services offers crisis intervention in the following areas:

- Child Protection Services
- Emergency Financial Assistance
- Mental Health
- Counselling
- Substance Abuse
- Support to Agencies

Mobile Crisis also offers crisis management services in case management intervention, to provide a community rehabilitation program for individuals with chronic psychological and social disabilities.

Regina

Mobile Crisis Services Inc. 1109 - 11th Avenue (Regina)	(306) 757-0127 (306) 757-0128
Child Abuse Line (Regina)	(306) 569-2724
Crisis Line (Regina)	(306) 525-5333
Crisis Management Service 1117 - 11th Avenue (Regina)	(306) 787-9138

Prince Albert (306) 764-1039
(8 a.m. - 5 p.m.)
(306) 764-1011
(5 p.m. - 8 a.m.)

Saskatoon

Saskatoon Crisis Intervention Service	(306) 933-6200
Crisis Management Line	(306) 933-8234

Rainbow Youth Centre

Rainbow Youth Centre offers a range of preventive educational, counselling and alternative programs for Regina youth in the area of subetance abuse. Thees programs are available for any youth who may be experiencing difficulties due to family or peer drug and alcohol problems. While Rainbow Youth Centre is not a treatment centre, it can act as a referral service and provides considerable support services for youth who have been in treatment.

Contact:

Darcy Paul (306) 757-9743
Subetance Abuse
Counsellor and Youth Worker
1806 Albert Street
Regina, S4P 2G8

Other Programs and Services

CONCERN FOR YOUTH

Concern for Youth began in 1989 when interested citizens and community groups met to address escalating youth crimes, youth gangs and homeless youth in the Battlefords area. The result was a Street Worker Program, introduced in August, 1990.

The purpose of the program is to identify the needs of disadvantaged youth in the Battlefords area, foster better understanding and networking between groups working with youth, provide youth with opportunities in recreation and education, and motivate and increase understanding between native and non-native cultures.

Concern for Youth provides youth clients with intervention services through individual counselling and referral to appropriate agencies, and provides guidance and encouragement in the selection of positive life choices emphasizing personal development and well-being. The program uses community agencies to provide activities promoting physical, spiritual, emotional and social well-being.

Contact:

Marcella Ross (306) 937-7313
Program Coordinator
Alex Dillabough Centre
451 - 28 Street West
Box 1191
Battleford, S0M 0E0

Roddy Stone (306) 445-8770
Street Worker Councillor
1301 - 104 Street
North Battleford, S9A 1N9

EGADZ – Saskatoon Downtown Youth Centre

Open since April 1990, EGADZ – The Place for New Beginnings seeks to be a safe place, off the streets, for youth-at-risk in Saskatoon. The Board of Directors is made up of nineteen member agencies who are charged with establishing programs at the Youth Centre that address the needs of youth-at-risk. Program components include recreation, education, counselling, employment, and food and shelter.

In addition to the provision of recovery programming, EGADZ offers, at no charge to youth, a clothing depot made up of donated clothing and shoes; a baby nursery maintained and stocked by volunteers; and a daily supper program.

EGADZ operates with a core staff of 9 people and a volunteer base of approximately 100 people. Staff and volunteers receive regular in-service training through member agencies, who provide qualified instructors for in-house education and training.

EGADZ welcomes the services of all agencies whose mandate is youth. In partnership with others, EGADZ seeks to make a difference in the lives of youth-at-risk in Saskatoon.

Contact:

301 - 1st Avenue North (306) 931-6644
Saskatoon, S7K 1X5 FAX: 665-1344

Other Programs and Services

SELF-HELP GROUPS

Self-help groups are defined as voluntary associations organized by people who share a common problem or life situation. Members meet on a regular basis to provide mutual support, gain understanding, share information and sometimes work for social change.

Alcoholics Anonymous

Alcoholics Anonymous is a fellowship of men and women who meet to share their experience, strength and hope with one another in order to solve their common problem and help those who still suffer to recover from alcoholism.

Regina Central Office (306) 545-9300
236 - 408 Broad Street
Regina, S4R 1X3

Saskatoon Central Office (306) 665-6727
311 - 220 - 3rd Avenue S.
Saskatoon, S7K 1M1

Al-Anon Family Groups

Dedicated to the belief that alcoholism is a family illness, Al-Anon offers fellowship and support to people who are suffering because of the drinking of someone they love. Al-Anon family groups include:

Al-Anon

Al-Anon is a self-help group for adult relatives and friends of alcoholics who share their experiences and offer comfort and hope in order to solve their common problems.

Alateen and Alateen PATS

Alateen is a self-help group for adolescent children, relatives and friends of alcoholics. Alateen members join together to try to solve common problems and to develop an understanding of alcoholism and the alcoholic family system. Alateen PATS is open to all pre-adolescent children of alcoholics.

Al-Anon/Alateen Information Service (306) 522-7500
#11 - 2425 - 13th Ave., Regina, S4P 0W1

Al-Anon Family Services (306) 665-3838
8th Floor, Bessborough Hotel
602 Spadina Cr., Saskatoon, S7K 3G8

Adult Children of Alcoholics

Adult Children of Alcoholics groups offer fellowship and information to adults who grew up in a home affected by alcoholism or other dysfunctional home environments. For further information on these groups check your local telephone directory.

Narcotics Anonymous

Narcotics Anonymous is a self-help group open to anyone with a desire to stop using drugs. The aim of the group is to help each other recover from drug addiction through fellowship and a spiritual program.

Regina Narcotics Anonymous Central Office (306) 757-6600
3304 Dewdney Avenue, Box 3563
Regina, S4P 3L7

Families Anonymous

Families Anonymous is a group of concerned relatives and friends who admit that the problems of someone close to them is seriously affecting their lives. Through mutual support and discussion, the family can come to see their part in the rehabilitation of the person in trouble. For further information check your local telephone directory.

There are no dues or fees for membership in these self-help groups. Groups are located in many communities. For the location in your area, refer to these telephone numbers, or check your local telephone directory.

Other Programs and Services

University Hospital, Youth Services Program

Youth Services is a program of the Department of Psychiatry, University Hospital, Saskatoon. It was developed with the support of health, education and social service programs serving youth.

The Youth Services Program (Y.S.P.) provides a variety of integrated services to the 12-20 year age group in a community setting from three locations in addition to the in-patient service at University Hospital.

Program goals:

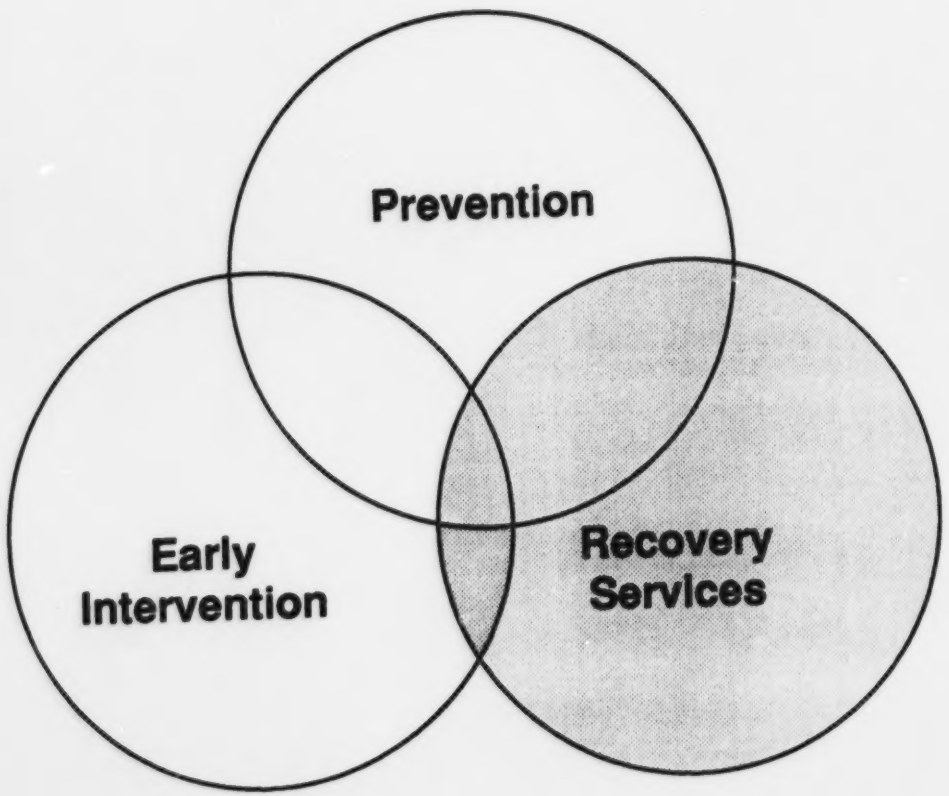
- To provide assessment and treatment programs for adolescents;
- To provide a comprehensive closely integrated program;
- To promote, support and collaborate closely with community services to youth;
- To provide educational resources to professionals;
- To study needs and problems of youth.

Young people from Saskatchewan may use any of the services without charge and come at their own or their family's request or by referral.

Contact:

Youth Services Program (306) 966-2627
University Hospital
311 - 20th Street E., Saskatoon

Recovery Services



Recovery Services

When someone has a serious problem with how they use alcohol or other drugs, a variety of options are available.

The first step is assessment. The role of the assessment process is to help the person determine the seriousness of the problem, and match the person's needs with the most effective type of recovery services available.

The type of program varies, depending on a number of factors. For many, the most effective approach will be to stay in the home community using resources such as counselling at a community out-patient centre and/or attending other support groups. Others may require intensive residential recovery services.

In Saskatchewan, SADAC provides no-fee services through its community-based service system.

Regional SADAC staff can provide you with valuable assistance and information in obtaining help.

SADAC Programs and Services

Out-Patient Services

Out-patient services provide assessment, recovery planning, one-to-one and group counselling to people who are experiencing difficulties in any area of their lives because of their own or another's alcohol or drug abuse. Most centres also conduct education and information programs for schools, public information groups and other community organizations.

Buffalo Narrows (306) 235-4643
Kiyenaw Out-Patient Centre
Box 460, S0M 0J0
Contact: Cal McGaughey, Director

Creighton (306) 688-8291
CADAC Out-Patient Centre FAX 688-DRUG
430 Main Street, Box 760, S0P 0A0
Contact: Laurel Mackie

Cumberland House (306) 888-2155
Pine Island Crisis Centre
Box 218, S0E 0S0
Contact: Sheila Chaboyer, Director

Hudson Bay (306) 865-4211
Hudson Bay and District
Assessment and Referral Centre
Box 898, S0E 0Y0
Contact: Robert Bryson, Director

Humboldt (306) 682-3249
George Bailey Out-Patient Centre
934 - 7th Avenue West, Box 2764, S0K 2A0
Contact: Reg Ward, Director

Kindersley (306) 463-4464
Danny Fisher Centre FAX 463-4466
Box 1688, S0L 1S0
Contact: Mary Muir, Director

Kipling (306) 736-2363
Moose Mountain Alcohol & Drug
Rehab. Soc., Box 699, S0G 2S0
Contact: Jeannette Vandenberg, Director

Lloydminster (Alberta) (403) 875-8890
Walter A. "Slim" Thorpe Recovery Centre
4204 - 54th Avenue, T9A 2R6
Contact: W. D. (Bill) Hewitt, Director

La Loche (306) 822-2020
Clearwater Alcohol Rehabilitation
and Education Centre, Inc.
Box 96, S0M 1G0
Contact: Bert Lemaigre, Director

La Ronge (306) 425-2882
Mitho Menoo Out-Patient Centre
(La Ronge Council on Alcohol & Drug
Education, Inc.)
Box 1185, S0J 1L0
Contact: Allen Morin, Director

Meadow Lake (306) 236-4406
Robert Simard Centre
(Northland Alcohol and Drug Society, Inc.)
Box 2617, S0M 1V0
Contact: Wilf Cardinal, Director

Melfort (306) 752-2811
North East Council on (Ext. 266)
Alcohol & Drug Abuse (NECADA)
Addictions Counselling Unit
Melfort Union Hospital, Box 1480, S0E 1A0
Contact: Rick Peters, Director

Melville (306) 728-2629
Saul Cohen Centre
Box 164, S0A 2P0
Contact: Don Beaton, Director

North Battleford (306) 446-6161
Breton Addictions Centre
1261 - 101 Street, Box 1595, S9A 3W1
Contact: Greg Brakstad, Director

Prince Albert* (306) 922-7055
Prince Albert Out-Patient Centre
SNACC, #100 - 1322 Central Ave., S6V 4W3
Contact: Director

Prince Albert (306) 763-2631
Prince Albert Council on Alcohol and
Drug Abuse (PACADA), Out-Patient Centre
101 - 15th Street East, S6V 1G1
Contact: Don Scott

Regina* (306) 522-4553
Crisis Intervention/Drop-In-Centre
329 College Avenue East, S4N 0V9
Contact: Joyce Racette, Director

Regina (306) 787-4621
Myers Recovery Centre FAX 787-5009
(SADAC)
2140 Hamilton Street, S4P 3V7
Contact: Jerry Fitzgerald, Manager

Sandy Bay (306) 754-2050
Sandy Bay Out-Patient (306) 754-2068
Clinic, Box 40, S0P 0G0
Contact: Joe Bloor, Director

SADAC Programs and Services

Out-Patient Services (Continued)

Saskatoon (306) 933-5867
Calder Out-Patient Clinic FAX 933-7450
(SADAC)
122 - 3rd Avenue N., S7K 2H6
Contact: Jean Dunlop, Coordinator

Swift Current (306) 773-0225
Palliser Alcohol & Drug Abuse Commission
Box 1453, S9H 3X5
Contact: Neil Taylor, Director

Yorkton (306) 783-5777
Parkland Alcohol and
Drug Abuse Society, Inc
#035 - 41 Broadway Street West, S3N 0L6
Contact: Carol Horvath, Director

* *Saskatchewan Native Alcohol Council Corporation*

Detoxication

Sometimes it is necessary for a person to have help with the acute symptoms associated with alcohol or drug withdrawal. SADAC funds social action centres for people who do not need acute hospital care.

Kipling (306) 736-2363
Kipling Memorial Hospital
c/o Moose Mountain Rehab. Society
Box 699, S0G 2S0

Contact: Jeanette Vandenberg, Director
(Funded under Saskatchewan Hospital Services Plan)

Lloydminster (Alberta) (403) 875-8890
Walter A. "Slim" Thorpe Recovery Centre
4204 - 54th Avenue, T9A 2R6

Contact: W. D. (Bill) Hewitt, Director

Moose Jaw (306) 693-5977
Angus Campbell Centre FAX 693-0908
Lakeview Service Road
Box 118, S6H 4N7

Contact: George Chalmers, Director

Regina (306) 522-5662
Detox Centre
2839 Victoria Avenue, S4T 1K6

Contact: Gwen McDougall, Director

Saskatoon (306) 244-1385
Larson Intervention House, Inc.
130 Avenue O South, S7M 2R5

Contact: William Logue, Director

SADAC Programs and Services

Residential Programs

In-patient recovery programs are available for people with chemical dependency or co-dependency problems who would benefit from such a program as determined by assessment at their community out-patient centre. The programs include education, one-to-one and group counselling, physical healing, recovery skill building and introduction to self-help programs.

Estevan (306) 634-3604
St. Joseph's Treatment Centre
1401 - 1st Street, S4A 0H3
Contact: Joan L'Heureux, Director
(Funded through Saskatchewan Hospital Services Plan)

Ile-a-La-Crosse (306) 833-2462
Northwest Alcohol and Drug Abuse Centre
Box 129, S0M 1C0
Contact: Martin Jacobson, Director

Indian Head (306) 695-2251
Pine Lodge Treatment Centre
Box 457, S0G 2K0
Contact: Roly Gatin, Director

Prince Albert* (306) 764-3409
Social Adjustment Centre
210 - 20th Street West, S6V 4T5
Contact: Brian D'Amour, Director

Regina (306) 352-9601
Social Adjustment Centre
329 College Avenue East
Contact: Bernadette Amyotte, Director

St. Louis (306) 422-8533
St. Louis Alcoholism Rehabilitation Centre
(Impaired Driver Treatment Program)
Box 220, S0J 2C0
Contact: Linden Davis, Director

Saskatoon (306) 933-5840
Calder Rehabilitation Centre FAX 933-5504
(SADAC)
2003 Arlington Avenue, S7K 2H6
Contact: Al Hergott, Manager

Saskatoon* (306) 652-8951
Social Adjustment Centre
419 Avenue E South, S7M 1S4
Contact: Bertha Ouellette, Director

Lloydminster (Alberta) (403) 875-8890
Walter A. "Slim" Thorpe Recovery Centre
4204 - 54th Avenue, T9V 2R6
Contact: W.D. (Bill) Hewitt, Director

* *Saskatchewan Native Addictions Council Corporation (SNACC)*

SADAC Programs and Services

Residential Services –Halfway Houses

Halfway houses provide supportive living environments for people who are recovering, usually following a rehabilitation program. Formal programming varies with each facility but may include:

- discussions on family dynamics
- family roles
- breaking the inter-generation cycle of alcohol and drug abuse
- relapse prevention planning
- The average length of stay is between 37 and 65 days.

North Battleford (306) 445-0666
Hopeview Recovery Home
1891 - 96th Street, S9A 0J1

Contact: Annette Weber-Beeds, Director

Regina (306) 522-5763
Recovery Manor
2825 Victoria Avenue, S4T 1K6

Contact: Bill Stephenson, Director

Whitespruce Youth Treatment Centre

The Whitespruce Youth Treatment Centre (open to youths aged 12-18 years) is the first of its kind in Canada.

The treatment program incorporates a number of components including group therapy, individual therapy, spiritual therapy, lectures, twelve-step programs such as NA/AA, physical exercise, education programming, family therapy, and re-entry/aftercare.

The treatment program is expected to take an average of ten weeks, but given the program flexibility, the stay of any client can vary considerably.

Family therapy is an important component of Whitespruce's treatment program because chemical dependency is viewed as a family illness. Whitespruce believes working with the family as a unit facilitates positive change and family unity. Family participation in the program occurs approximately four weeks into the youth's treatment. Family Week is held almost every week with a number of families participating.

Yorkton (306) 786-6225
Whitespruce Youth FAX 786-7833
Treatment Centre
Box 1411, S3N 3G3

Contact:

Ellis Quarshie, Director
Phone: (306) 786-6225
FAX: (306) 786-7833

Other Programs and Services

NNADAP - Health and Welfare Canada

The National Native Alcohol and Drug Abuse Program (NNADAP), was established in 1982 to deliver community-based and culturally appropriate abuse-prevention and treatment services to Indian and Inuit communities.

NNADAP's goal is to reduce unacceptable levels of abuse of alcohol, drugs and substances. It does this by providing financial and administrative support and assistance in program development. This support is available to new and established projects for abuse prevention and treatment centres.

NNADAP services are targeted towards on reserve status Indians and also the Inuit. Many NNADAP projects have given special consideration to the unique needs of Inuit and Indian women and youth. However, treatment programs and communications materials are available to non-status Metis and other Native Groups.

NNADAP activities include: community prevention programs, in-patient and out-patient treatment services, training of project workers in prevention and treatment; contributions for the construction of treatment facilities; and initiatives in research and development.

The NNADAP prevention projects offer the community a number of services including: individual and group counselling; in-school education programs; adult-oriented workshops; cultural reinforcement; referral services; video and print resource materials; development of educational curricula and community development strategies.

NNADAP's prevention services are being delivered to Indian and Inuit communities through community-based projects employing resident and visiting alcohol and drug workers.

Regina Regional Office (306) 780-7449
Health and Welfare Canada
Medical Services Branch
NNADAP
1911 Broad Street, Regina, S4P 1Y1

Regional NNADAP Consultant: Bobbie McCloskey

Prince Albert Zone (306) 953-8600
Health and Welfare Canada
Medical Services Branch
Box 5000, Prince Albert, S6V 7V6

Project Officer: Peter McCallum

Meadow Lake Zone (306) 236-3399
Health and Welfare Canada
Medical Services Branch
Box 310, Meadow Lake, S0M 1V0

Project Officer: Peter McCallum

Fort Qu'Appelle Zone (306) 332-6277
Health and Welfare Canada
P.O. Box 220, Fort Qu'Appelle, S0G 1S0

Project Officer: Vacant

Out-Patient Treatment Centres

Athabasca Alcohol and
Drug Abuse Program (306) 284-2124
Stony Rapids, S0J 2R0

Executive Director: Vacant

In-Patient Treatment Centres

Battlefords Indian Health 445-7734
Centre and Alcohol and Drug (BIHC)
Abuse Program 937-2037
Box 250 (Centre)
North Battleford, S9A 2Y1

Janice Kennedy, Executive Director

Other Programs and Services

NNADAP – Health and Welfare Canada (Continued)

Cree Nation Treatment Haven 468-2072
Box 340, Canwood, S0J 0K0

Judith Young, Executive Director

Ekweskeet Rehab Centre 344-2094
Onion Lake, S0M 2E0 344-2380

Austin Tootoosis, Program Director

Kamsack Union Hospital 542-2635
Alcohol and Drug Treatment 236-3602
Program, Box 429
Kamsack, S0A 1S0

Gerry Markel, Administrative Director

Mistahey Musqua Treatment 837-2184
Centre, Meadow Lake Tribal 236-5654
Council, Box 1360
Meadow Lake, S0M 1V0

Marilyn Sinclair, Executive Director

New Dawn Valley Centre Inc. 332-5637
Box 188, Fort Qu'Appelle, S0G 1S0

Judie Birns, Executive Director

Sakwatamo Lodge 864-3631
Box 3917, Melfort, S0E 1A0 864-3632

Ernest Sauve, Executive Director

The Health System

The provincial health system offers support and assistance to those with a serious alcohol/drug problem.

Physicians and hospitals play important roles as primary contacts. They offer initial assessment and referral services to appropriate treatment centres.

SADAC ***We're facing the problems to find the solutions***